SHANARRI

Kinross Primary School

Being NURTURED. You might want to think about:

- Receives regular praise and encouragement
- Has an adult to trust and turn to
- Is cared for, including healthy food and hygiene routines
- Has an environment that is clean and warm
- Is encouraged to be independent and look after themselves
- Has secure and supportive network of family, carers and friends
- Has well developed sense of self-esteem and self-respect
- Has well developed sense of identity and belonging
- Copes with the normal changes and stresses of everyday life without undue anxiety
- Is developing a sense of resilience

The Getting it Right for Every Child (GIRFEC)

approach is about how we meet the needs of children, working with other adults where necessary to ensure they reach their full potential. It put children at the

centre and promotes a shared approach that:

- Helps the child and their family
- Enables children and young people to get the help they need when they need it
- Supports a positive shift in how we help children
- Involves us all working to improve life chances for children, young people and families

The wellbeing of children and young people is at the heart of getting it right for every child. The approach uses 8 areas of wellbeing:

- Safe
- Healthy
- Achieving
- Nurtured
- Active
- Respected
- Responsible
- Included

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Family Learning

This month, think about:

Being Nurtured

10 House Points

Make a ‘how to’ guide about being nurtured. This could be a leaflet, poster, video, cartoon strip, slideshow, photostory etc	10
Have a ‘week of wellbeing’ at home when you praise someone for something every day.	10
Write about or draw someone who makes you feel loved and cared for	10
Write a list of people you can talk to at home and at school.	10
Help to tidy a room in the house to keep it clean and tidy	10
Do a good deed for someone either a younger brother or sister or a relative	10

To earn my house points, I…

_____

_____

_____

_____

_____

20 House Points

Write a letter to someone you care for and tell them why they are special	20
Design an outfit that keeps someone warm on a cold and frosty day.	20
Design a bedroom which is warm and welcoming for a young child	20
Sit with an adult to create and make something out of left over materials. Chat will you work together	20
Keep a food diary for a week to review your diet—is it balanced and healthy?	20
Leave a kind message each day for a week, for someone you care about	20
Organise a family walk around Kinross - take some photographs	20
Make a ‘how to’ guide about being nurtured. This could be a leaflet, poster, video, cartoon strip, slideshow, photostory etc	20

Parent / Carer Signature

_____

Date

_____

30 House Points

Make a ‘how to’ guide about being nurtured. This could be a leaflet, poster, video, cartoon strip, slideshow, photostory etc	30
Create a role play or drama script which demonstrates ‘being nurturing’	30
Plan and cost an imaginary birthday party for a family member	30
Create a model of a bedroom which is warm and welcoming	30
Make a family tree out of recycled materials	30
Write a poem about someone you care about	30
Help someone with a household task every day for a week	30
Design a board game for your family to play together	30

Self Assessment